

ART TRAINING

for ages 18+ *Art Fix of Nipissing* is excited to present the second season of FREE arts workshops facilitated by Art Fix members and other local arts professionals, with mentorship from *Workman Arts* - a Toronto-based art & mental health organization that has been delivering professional art training since 1987 - through the *Workman Arts Scaling Project*.

INSTRUCTORS

KAYLA MAY LIBERTY is an emerging, interdisciplinary, visual artist from North Bay, Ontario, where she currently resides. Liberty received her Bachelor of Fine Arts from Nipissing University of June 2014. Liberty specialises in traditional forms of art such as drawing and painting, focusing on the dichotomy of realism and abstraction. Her work is an exploration of the human experience, inspired by personal assessments of life, ageing and the inner dialogue between. She approaches themes of mortality and identity as they relate to a broader audience, while suggesting space for reflection.

LISA GIBSON is a creative specialist, solopreneur, artist, musician and community organizer. She is experienced in Graphics and Web Design, Marketing, Photography, Visual & Digital Arts, Music, Event Planning and Promotion.

CHRISTINE CHARETTE is a multi-disciplinary and synesthetic French-Métis artist who works intuitively and metaphorically. Originally from North Bay, Charette has lived in and exhibited art in cities across Canada. Since 1991, Christine's professional practice has included explorations in photography, painting, textiles, print making, drawing, recycled object sculpture, installation, video and sound. Charette's art addresses natural cycles, the ancient, and the ephemeral.

MARY STOKES has taught school in England, Ireland and Canada, and was trained in Piano at the Royal Conservatory in London. She is a music teacher who has lead church choirs and other groups, and composed music and performed for both children and adult audiences. Stokes has also trained in sound healing and vocal therapy and has given many workshops with various groups, from retreats groups to palliative care.

CAMERON LAMOTHE is a Northern Ontario and Toronto based interdisciplinary artist primarily working in photography, collage, and printmaking. He has recently completed his Undergraduate thesis at OCAD University. His photo-based artistic practice utilizes found images gathered from archives and 20th century publications to examine various identities, and critique representations of masculinity, politics, and history.

REGISTRATION

In person from 12 noon to 5 pm
Thursday December 6 & Friday December 7
122 Main Street East (White Water Gallery)

*For registration assistance
call: (705) 491-1926
email: art.fix.training@gmail.com

SPACES LIMITED!



ART WORKSHOPS - WINTER 2019 SCHEDULE



art.fix.training@gmail.com
(705) 491 1926

PO Box 1512 122 Main Street East
North Bay, ON P1B 8K6

Cover art by Mitchell Ellam. *Arthritis*. (2018)
Thank you to our generous partners:



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ART FIX is an arts for social change collective. We believe that art is a powerful tool that contributes to the well-being of individuals and our communities.

Art Fix is run by and for artists who self-identify as living with mental health or substance use issues.

Our programs support artists to reach their creative and professional goals through art training, professional development, and presentation opportunities.

Through art, we have been able to bring people together in thoughtful and moving ways.

DO YOU HAVE LIVED EXPERIENCE OF MENTAL HEALTH AND/OR SUBSTANCE USE?

Do you enjoy making stuff such as: drawing, writing, painting, video, performing, music, photography, textile, or collage?

Take a class, share your artistic interests, attend events, volunteer, or join the organizing collective!

JOIN US AS WE CREATE ART TO SPARK SOCIAL CHANGE!

Contact information on the back of this flyer.

WINTER 2019 JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

MARCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

SHOWCASE
of art workshop
creations.
Stay tuned.

OPEN STUDIO
Thursdays from 4:00- 5:30pm
Come work on independent projects, and
if you want, connect with other emerging
artists! Basic art supplies are available.
No registration required.
Drop-in.



FREE WORKSHOPS: REGISTRATION REQUIRED

STILL LIFE WITH MULTIMEDIA

Kayla Liberty
When: Tuesdays, January 8th, 15th, 22nd, and 29th (4 sessions)
Time: 2:00 pm - 4:00 pm
Max Participants: 12

This course will explore a range of media while learning to replicate a still life 'scene'. Participants will have free creative range when reflecting their vision.

**MUSIC FOR EVERY BODY:
STUFF YOU DIDN'T LEARN IN MUSIC CLASS**

Mary Stokes
When: Fridays, January 11th, 18th, 25th (3 sessions)
Time: 1:00 pm - 3:00 pm
Max Participants: 10

This course will introduce participants to a variety of musical experiences. Participants will be invited to explore their own creativity through vocal work and rhythm.

**AN ARTIST GUIDE TO
BUSINESS, BRANDING AND PROMOTION**

Lisa Gibson
When: Sunday, January 20th (1 session)
Time: 12:00 - 3:00 pm
Max Participants: 12-15

This course will cover professional development for artists, including useful business and marketing tips, tools, visual aids, resources, templates and exercises. Make a business plan with vision boards, and learn artist branding, ideas and tools for marketing and promoting art.

**CONTEMPORARY EXPLORATIONS IN PAINTING:
GET TO KNOW YOUR MEDIUM**

Christine Charette
When: Saturdays, February 2nd, 9th, 16th, and 23rd (4 sessions)
Time: 12:30 pm - 3:30 pm
Max Participants: 8 - 10

This course will take a look at how we can better understand using our paint brushes and paint. When exploring these tools and mediums, we will explore different painting styles and techniques in acrylic and in watercolour painting.

DIY PRINTMAKING

Cameron Lamothe
When: Wednesdays, February 20th, 27th,
and March 6th, 13th, 20th, and 27th (6 sessions)
Time: 4:00 pm - 6:00 pm
Max Participants: 10

This course is meant to introduce people to the fun world of relief printmaking, and also to start them off with techniques for low budget printing without expensive equipment! This course will primarily introduce carving and building techniques on easy to access materials, allowing anyone to become a printmaker.

LIFE DRAWING

Kayla Liberty
When: Tuesdays, March 5th, 12th and 19th (3 sessions)
Time: 2:00 pm - 4:00 pm
Max Participants: 12

This course will explore a range of media while learning to replicate the human form. Participants will learn to express emotion and storytelling through principles and elements of design via the human body.

REGISTRATION DETAILS ON BACK OF THIS PAGE